



CLEAN TIMES

MARCH 2024 VOLUME 61 ISSUE 1
THE NORTH DADE AREA NEWSLETTER

The very first Narcotics Anonymous Meeting

OUR PURPOSE

NARCOTICS ANONYMOUS

This is an informal group of drug addicts, banded together to help one another renew their strength in remaining free of drug addiction.

Our precepts are patterned after those of Alcoholics Anonymous, to which all credit is given and precedence is acknowledged. We claim no originality but since we believe that the causes of alcoholism and addiction are basically the same we wish to apply to our lives the truths and principles which have benefitted so many otherwise helpless individuals. We believe that by so doing we may regain and maintain our health and sanity.

It shall be the purpose of this group to endeavor to foster a means of rehabilitation for the addict, and to carry a message of hope for the future to those who have become enslaved by the use of habit forming drugs.

STARTING MONDAY NIGHT OCT. 5, 1953 EACH MONDAY NIGHT THEREAFTER AT 8:30 P.M.

CORNER OF CANTARA & CLYBOURNE, SUN VALLEY, CALIF.

DIRECTLY BEHIND SUNLAND LUMBER COMPANY

(old business card)

NARCOTICS ANONYMOUS

CANTARA & CLYBOURNE - P.O. BOX 54

SUN VALLEY, CALIF.

MONDAY 8:30 PM

Editorial...

Dear North Dade Area members:

Welcome to the Clean Times newsletter. This is our newsletter written for us by us. Please submit all articles, artwork, poetry, essays, etc. to your GSR and you may see your work published in the next issue. We each have our story to tell and the Clean Times newsletter can be a way to tell your story to a broader audience. The only guidelines are:

- The material must be recovery related
- The material must fall within the guidelines of Traditions 6, 10 & 11
- The Newsletter Sub-Committee reserves the right to edit any written material submitted for content and grammar, but will make every effort to keep the material as close to the original submission as possible.

Please continue to submit the clean time log sheet so that we can properly recognize all members clean time.

In loving service,

Marie T, Newsletter Sub-Committee Chairperson (305) 803-9543 marietalley211@aol.com

Latoyia G, Assistant Newsletter Sub-Committee Chairperson (305) 331-7334 ldybug.lj@gmail.com

TELL Us About Your Group History

Group Name _____ **Step Up To Gratitude**

Date of First Meeting or Year Established _____ **June 2005**

How Old is the Group _____ **18 years old**

Who Started the Meeting _____ **Judge Rosnick, Evonne B., Delven P., Lori S.**

How Did the Group Get Its Name _____ **The members decided on the name.**

Trusted Servants: GSR: Eugene G. Asst. GSR: Floyd Secretary: Raynelle W. Asst. Sec: Karen H. Treasurer: Tom P.

Day & Time of Meeting: Tuesday & Thursday, 5:30 - 6:30 pm

Location of the Meeting: Richard Gerstein Justice Center Room 4-4

What is the Group Format: Beginner Discussion Meeting

Group Comments: Group is in need of support

Group Name _____ **Guided by Principles**

Date of First Meeting or Year Established _____ **September 20, 2020**

How Old is the Group _____ **3 years old**

Who Started the Meeting _____ **Alton C., Ron T., Kennard W., Erik B.**

How Did the Group Get Its Name _____ **Erik B.**

Current Trusted Servants: GSR: Jimmie B. Secretary: Lora B. Treasurer: Eddie Z.

Day & Time of Meeting: Sunday, 6:30 - 7:30 pm

Location of the Meeting: Little River Clubhouse

What is the Group Format: 12 Traditions & 12 Concepts

Group Comments: Group is a book study group of the new Guiding Principles literature.



LET'S START THE NEW YEAR WITH A NEW
TUNE

R&B AND SAX BRUNCH

Ticket Prices: \$10 Chicken, Sausage or Bacon
\$12 Salmon Croquettes - \$15 Fish

MARCH 16, 2024 - 10 AM TO 1 PM
FULFORD UNITED METHODIST CHURCH
1900 NE 164 ST, NMB, FL 33162

NA IS NOT AFFILIATED WITH THIS FACILITY



**FOLLOWING THE R&B AND SAX BRUNCH
NORTH DADE AREA PRESENTS A
SPEAKER JAM AND DINNER SALE**



**There will be speakers around the clock on
March 16 from
3 pm to 9 pm**

**1900 NE 164th St
North Miami Beach, FL 33162**

Cornbread Spaghetti \$12

Water/Soda \$1.00

*****NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THIS FACILITY*****

An Addict's Experience

Submitted by Wayne A. (North Dade Area)

I'm a Towner, born and raised. That's where my addiction started. I started drinking and smoking weed at age 13. I didn't know it was going to cost me a wife. But before that, I became homeless, jobless, family-less and I lost all my respect for life.

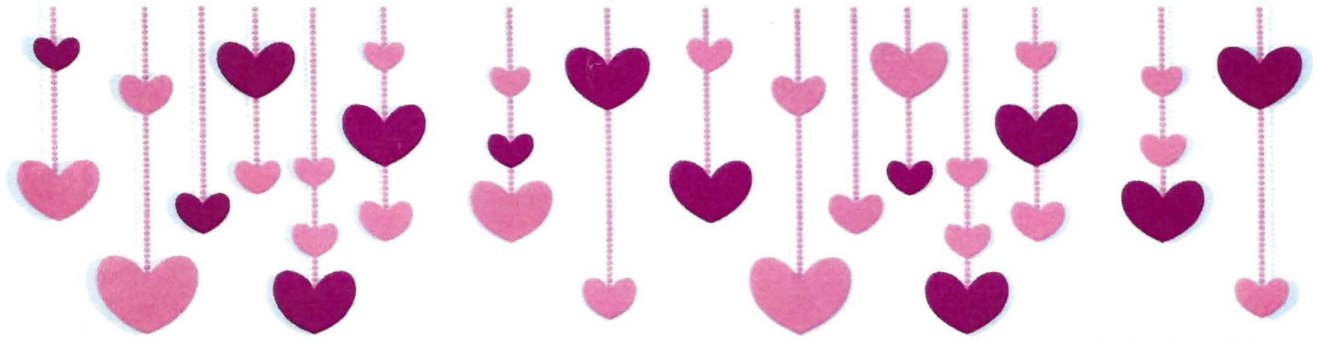
But I thank God that He met me in an abandoned building Overtown on September 25, 1996. I've been clean ever since (27 years). The biggest thing that I got back was me. But life has been good. I got married again and I got my family back in my life. My home group is New Connections.

I have learned that this disease is deadly. This process of recovery is about character building, my behavior, how I act and treat people. I've gotten better. I'm not perfect but getting better. I love Narcotics Anonymous and I love God. This is a spiritual journey I'm on and will continue on.

Submitted by Warren I. (DC Area)

"Life can often be cruel and unfair, but we all go through difficult times. Everybody carries some form of emotional baggage from their past. Our egos will keep telling us to resist letting it go until our level of discomfort becomes so unbearable that we don't have a choice. Everybody has a dark side and have done things in our past that we're ashamed of. None of us are perfect. Before we can truly move on we must let go of some things to make room for better things. Okay it happened. Now what? We need to stop focusing so hard on what we've done wrong in the past, and start focusing on what to do right in the future and not making the same mistake. And keep it moving. The past is the past, and it can't be changed. We've all experience times in our lives when things happened, and we just couldn't control them. There were also times when we didn't want things to happen, but they did anyway. We've had people in our lives we thought we couldn't live without, that we had to let go. The greatest lesson in life is accepting what was, what is, and what will be. Remaining focused on where we want to go, and how we want to get there is what's important. It might not always go the way we planned, or the way we hoped it would, but we still have to deal with each situation as best as we can.

Life is a series of events. We're up one day and down the next. We have to let go of what could have been, how we should have acted and what we wish we would have said differently. We have to accept that we can't change a past experiences or the opinions of others at that moment in time or outcomes from their choices or ours. When we finally recognize that truth then we will understand the true meaning of forgiveness for ourselves and others. No one said life would be easy, but at least we have to keep trying, and working hard at making it the best life it can be. When looking back over our past, we must take the best and learn from the rest."



NORTH DADE 24 HOUR ROOM FUNDRAISER

VALENTINE'S Raffle GET IT WHILE IT'S HOT!!!

FIRST PRIZE: Fire Tablet
SECOND PRIZE: Valentine Gift Basket
THIRD PRIZE: Gift Card



ALL RAFFLE TICKETS \$4

DRAWING HELD: MARCH 16, 2024 – 10 am To 1 pm.
R&B AND SAX BRUNCH
FULFORD UNITED METHODIST CHURCH
1900 NE 164TH ST, NMB, FL 33162
CONTACT: JIMMIE B 786-523-4077 or DENISE M 786-488-5366

NA NOT AFFILIATED WITH FULFORD CHURCH



**Hope Without Dope will be celebrating
their 40-year anniversary.**



**It will be held at
St. Paul's AME Church
1866 NW 51 Ter
On March 17, 2024
From 6-10pm**

Meeting will start at 7:00pm

***** DONATIONS OF COVERED DISHED ARE BEING ACCEPTED*****

****NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THIS FACILITY****

*11th Anniversary
Celebration*

**"COME AS YOU ARE MIAMI"
GROUP**



**SUNDAY, MARCH 31ST
2P-4P**

**LITTLE RIVER CLUBHOUSE
51 NE 82ND TERRACE,
MIAMI, FL 33138**

***NARCOTICS ANONYMOUS IS NOT AFFILIATED WITH THIS FACILITY**

What happened to the 9th Tradition

Traditional management models are hierarchies. Authority and decision-making power are concentrated at the top of an organizational pyramid. Orders are issued and carried out by subordinates. This model is about centralized power and control by those at the top of the pyramid. The inverted pyramid in an organization challenges this traditional model.

The inverted pyramid is a model for a reversal of traditional management practices. NA members are closest to the newcomer, those of us in the trenches, are now placed at the top of the pyramid and become the managers. The NA group member is empowered with the decision-making authority and freedom of action when we are guided by the 12 Traditions. The NA member now empowered to direct the service structure also holds it directly responsible (accountable). This is what our 12 Traditions require of us, the NA group member. Here is how the Traditions support the Inverted Pyramid for your NA Service Structure.

Simply put, the 9th tradition describes the inverted pyramid mandated by the 2nd tradition. The 2nd tradition states: For our Group purpose there is but one ultimate authority - a loving God as He may express Himself in our Group conscience, our leaders are but trusted servants, they do not govern. The 2nd tradition tells us for its purpose there is one ultimate authority, God being expressed through our group conscience. Then it further states the role of leadership in the group, Trusted Servants. It also states our leaders do not govern. What does govern mean? The Dictionary says; to exercise continuous sovereign authority over, especially: **to control and direct the making and administration of an organization or government.**" In plain English make decisions and that violates group conscience. Now we know what the ultimate authority is. It is group conscience as our 2nd tradition states. The 9th tradition tells us how to have direct responsibility and service transparency by utilizing the inverted pyramid model. It states in tradition 9: NA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve. First what is NA as such? It is the recovery meeting. The organization referred to there is we don't make business decisions or have group conscience during the recovery meeting. That is for recovery only. However the tradition says we may create service boards or committees directly responsible to those they serve.

Celebrate!

January 2024

Cherese B. 37 yrs.	Willie W. 35 yrs.	Clarence A. 25 yrs.
Lawrence F. 22 yrs.	Jerry B. 13 yrs.	James O. 13 yrs.
Sheryl R. 11 yrs.	Keisha H. 11 yrs.	Alicia S. 7 yrs.
	Yolanda H. 2 yrs.	

February 2024

Melvin B. 35 yrs.	Edward N. 34 yrs.	James S. 33 yrs.
Ophelia M. 33 yrs.	Andre S. 29 yrs.	Sabrina H. 23 yrs.
Larry S. 21 yrs.	Cameka J. 15 yrs.	Ebony A. 13 yrs.
Lamar M. 11 yrs.	Jaida J. 10 yrs.	Karen H. 10 yrs.
Jimmie B. 3 yrs.	Darryl W. 3 yrs.	Jerome M. 1 yr.

March 2024

Rosie G-B. 35 yrs.	Andrew B. 32 yrs.	Celeste D. 27 yrs.
John T. 26 yrs.	Eugene G. 17 yrs.	Raynelle W. 14 yrs.
Melissa P. 11 yrs.	Frank J. 11 yrs.	Charles L. 11 yrs.
Tom P. 5 yrs.	Hugo B. 4 yrs.	Tyrone J. 3 yrs.
Jimmie B. 2 yrs.	Edmund Mc. 1 yr.	

Members of the Fellowship: Please help us in updating our Winner's Corner. If there are any changes to the above list, please let us know. In loving service, the Newsletter Sub-Committee.

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Here is where our service structure begins. The first committee we set up is the group steering committee GSR, Secretary and Treasurer. They are directed by and accountable to the individual NA members of that group. Those group Steering Committees can get together and form an Area Service Committee. And they are directed by and accountable to the groups who are directed by and accountable to the individual NA members of those groups. The Areas can get together and form a Region. A Service Committee directed by and accountable to the Areas directed by and accountable to the groups directed by and accountable to the individual NA members. Next the Regions get together and form what is known as the World Service Conference directed by and accountable to the Regions directed by and accountable to the Areas directed by and accountable to groups directed by and accountable to the individual NA member. WSC, with our approval, can create offices and Boards directed by the structure all the way up to the groups and members.